



Spring 2017

OEYC Summer hours in July

At the request of families we have received funding for both the Minden and Haliburton centres to be open for 6 days in July. To allow for more family access we have chosen different days of the week.

We will be open as usual from 9:00 a.m.-12:30 p.m.

Minden will be open Mondays and Wednesdays

July 10, 12, 17, 19, 24 & 26.

Haliburton will be open Tuesdays and Thursdays

July 11, 13, 18, 20, 25 & 27.

Both centres will be closed in August.



Community Partners Visits!

Point in Time Meet and Greet Visit with Point in Time staff to find out how they are able to help your family. In partnership with Point in Time Centre for Children, Youth and Parents

Minden April 24, May 29 & June 26

Haliburton April 25, May 30 & June 27

Meet the SLP Speech pathologist Leanne will be available for parents to talk to or ask questions about their children's speech and communication. In partnership with Five Counties Children's Centre.

Minden on Tuesday, April 4 from 10:00-11:00

Haliburton on Tuesday, May 2 from 10:00-11:00

Meet the OT Occupational therapist Rebecca will be available to discuss ways to help develop your child's gross and fine motor skills to help with their daily living. In partnership with Five Counties Children's Centre.

Minden on Tues. May 9 from 10:30-11:30

Haliburton date to be confirmed

HKPR Health Unit Speech & Language month Visit Kelly to have your child's speech screened and receive a free book. There will be a door prize and story time. In partnership with HKPR Health Unit.

Haliburton on Wed. May 17 from 10:00 to noon

Wilberforce on Thurs. May 18 from 10:00 to noon

Minden on Wed. May 24 from 10:00 to noon

Haliburton Centre Hours

Monday through Thursday
9:00 am. to 12:30 pm. for songs,
crafts, early learning activities
and free play. Closed the last
Thursday of the month.

**JD Hodgson School
Room 211**

Call Brenda or Wendy at

705-306-9099

Minden Centre Hours

Monday through Thursday
9:00 am. to 12:30 pm. for songs,
crafts, early learning activities
and free play. Closed the last
Thursday of the month.

**Archie Stouffer School
Room 125B**

Call Julie or Jan at

705-306-9098

Children's Learning Centre

Monday to Friday Childcare
Preschool & Toddler
programs

7:30 am.- 5:45 pm.

After School program at Archie
Stouffer School

3:30 to 5:45

Call Gord at 286-4074

16 Prentice St. Minden

Early Literacy

Monday to Thursday.

Call Bev at 286-4625.



Can't wait for spring to arrive, and with it some favourite and new programs beginning?



Dental Screenings Tuesday April 18th from 10:00-noon

Have your children's teeth checked, and your questions answered, by a registered dental hygienist from HKPR Health Unit dental department. Free toothbrush for each child! Let us know if you are interested in attending.

Some special programs coming up..



Sunshine Circles Thursdays April 13th and May 11th

Join us for a circle time that specifically supports emotional well-being and social skills for children. Interactive & Fun!



Learning Begins Tues. April 25th from 10:00-11:00

Bev Jackson will talk about the importance of brain development in the first months and years of life, and how it affects your child's learning.



Ready for School Wed. May 31st and June 7th from 9:30-11:30

Information and activities to help your child get ready for school, with Bev Jackson.



We're Going on a Strawberry Hunt! June 23rd from 10:00-11:30

We will be visiting Abbey Gardens for an outdoor adventure in search of a ripe red strawberry! Chickens and ponies too of course! There will be a \$5 fee/family for this registered program, stay tuned for details.

We are also planning a variety of outdoor activities to take advantage of the lovely spring weather:



- Stroller walks
- Scavenger Hunt along the boardwalk
- Outdoor Water and Bubble play in our courtyard
- Trip to a Farm to see the baby animals
- StoryWalk "Down in the Forest" with Bev Jackson
- annual Rotary Park morning



Wilberforce Play and Learn

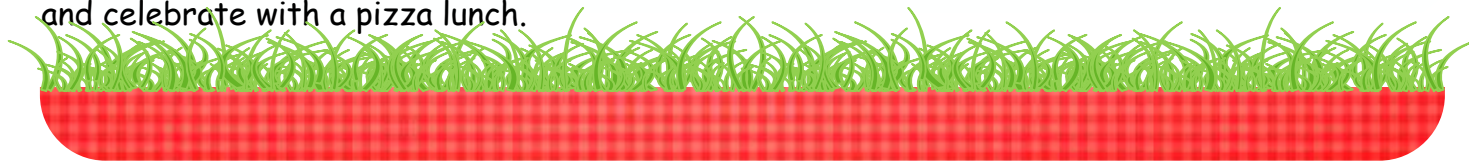
If you live in the Wilberforce area and have children ages birth to 6 years, join us for Play and Learn at the Lloyd Watson Centre. Our spring visits are Apr. 6 & 20, May 4 & 18, June 1 & 15 from 10:00 a.m. to noon.

We have some special guests joining us in the coming months, hope you can attend!

April 20th- Bev Jackson, our literacy specialist, will make a spring time "I Spy" book.

May 4th- As part of Therapeutic Touch Awareness week, some local practitioners will be visiting and providing information and a demonstration.

Our last day, and Picnic in the Park, will be on June 15th. We will have fun in the sun (and water) and celebrate with a pizza lunch.



What has been happening at the OEYC?



ISHI

Share the Ishi book & Share your happiness! Social emotional community activity.



Wiggles, Giggles & Munch

Physical fitness & lots of smiles!
Every Tuesday in the gym.

Spring into Early Learning!!



NEW! Teddy Bear Sleep Over

(Check our calendar for dates and times)

Leave your teddy for a sleepover and discover the fun things he/she gets up to overnight! Your teddy will have a book picked out for you to read!



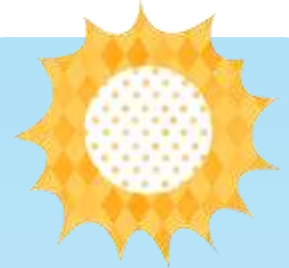
NEW! Kids Count - April

Numeracy kits that make learning FUN!
Borrow and play and learn at home.
Great for getting ready for kindergarten.



Looking for a fun outing with others?
Coming in June!

Spring Program Highlights! Watch for dates and times on our monthly calendars.



Spring Program

Highlights

Check with staff for more details or watch for updates through our e-blast!

April

Family Swim
Wiggles & Giggles
Sunshine Circles
Teddy Bear Sleep Over
Kids Count

May

Drum Fit
Infant Massage
School Readiness

June

Field Trips
Risky Play
Walk & Play
School Readiness
School Bus Day



May 1st to 7th is Screen Free Week

The Canadian Pediatric Society is currently reviewing their policy on the use of media for Children. In the meantime, the American Academy of Pediatrics (AAP), announced their new recommendations for Children's Media Use on the 21 October 2016.

The following information has been taken directly from their website:

Today's children grow up immersed in digital media, which has both positive and negative effects on healthy development. "Families should proactively think about their children's media use....., because too much media use can mean that children don't have enough time during the day to play, study, talk, or sleep," said Jenny Radesky, MD, FAAP, lead author of the policy statement, "Media and Young Minds."

The AAP **recommends parents prioritize creative, unplugged playtime for infants and toddlers.** Some media can have educational value for children starting at around **18 months of age, but it's critically important that this be high-quality programming,** such as the content offered by **Sesame Workshop and PBS.**

Among the AAP recommendations:

- ◆ For children younger than 18 months, avoid use of screen media other than video-chatting. Parents of children 18 to 24 months of age who want to introduce digital media should choose high-quality programming, and watch it with their children to help them understand what they're seeing.
- ◆ For children ages 2 to 5 years, limit screen use to 1 hour per day of high-quality programs. Parents should co-view media with children to help them understand what they are seeing and apply it to the world around them.
- ◆ For children ages 6 and older, place consistent limits on the time spent using media, and the types of media, and make sure media does not take the place of adequate sleep, physical activity and other behaviors essential to health.
- ◆ Designate media-free times together, such as dinner or driving, as well as media-free locations at home, such as bedrooms.
- ◆ Have ongoing communication about online citizenship and safety, including treating others with respect online and offline.

Note: The term "Media" includes all screen time - Tablets, Smart Phones, iPads, iPhones, video games, television and computer time.

*For additional information on this topic please contact Bev Jackson,
Early Literacy Specialist, oejcjackson@bellnet.ca*

